

St. Hild's Church of England School



2019 - 2020

Parents Survival Guide to Exams



Key dates

- Y10 Exam Begin – Mon 3rd March
- Y9 Exams Begin – Mon 2nd April
- Y11 GCSE Exams Begin - Monday May 11th 2020
- GCSE results day -Thursday August 20th 2020

The Exam / Assessment System – what to expect

- All students receive an exam timetable & revision information prior to their exams
- Y9/10 exams conducted 'like' a GCSE
- Y11 have had recent practise of GCSE expectation in their Mock Exams
- Grades of 1-9 will be awarded

GCSE Exam Schedule snapshot



	MORNING SESSIONS		AFTERNOON SESSIONS	
Monday 11th May	Computer Science 1 – 1hr 30m	20	Religious Studies 1 – 1hr 45m	130
Tuesday 12th May	French Listening – F- 35m, H – 45m	8,5	Science Trilogy Biology P1 – 1hr 15m	42
	French Reading – F – 45m, H – 1hr		Biology P1 – 1hr 45m	88
Wednesday 13th May	English Literature P1 – 1hr 45m	130	Physical Education P1 – 1hr 15m	12
Thursday 14th May	Science Trilogy Chemistry P1 – 1hr 15m	42	Computer Science P2 – 1hr 30m	20
	Chemistry – 1hr 45m	88		
Friday 15th May	French Writing – F – 1hr, H – 1hr 15m	8,5	Physical Education P2 – 1hr 15m	12
Monday 18th May	Geography P1 – 1hr 30m	21	Drama – 1hr 45m	12
			BTEC Travel & Tourism – 1hr 30m	

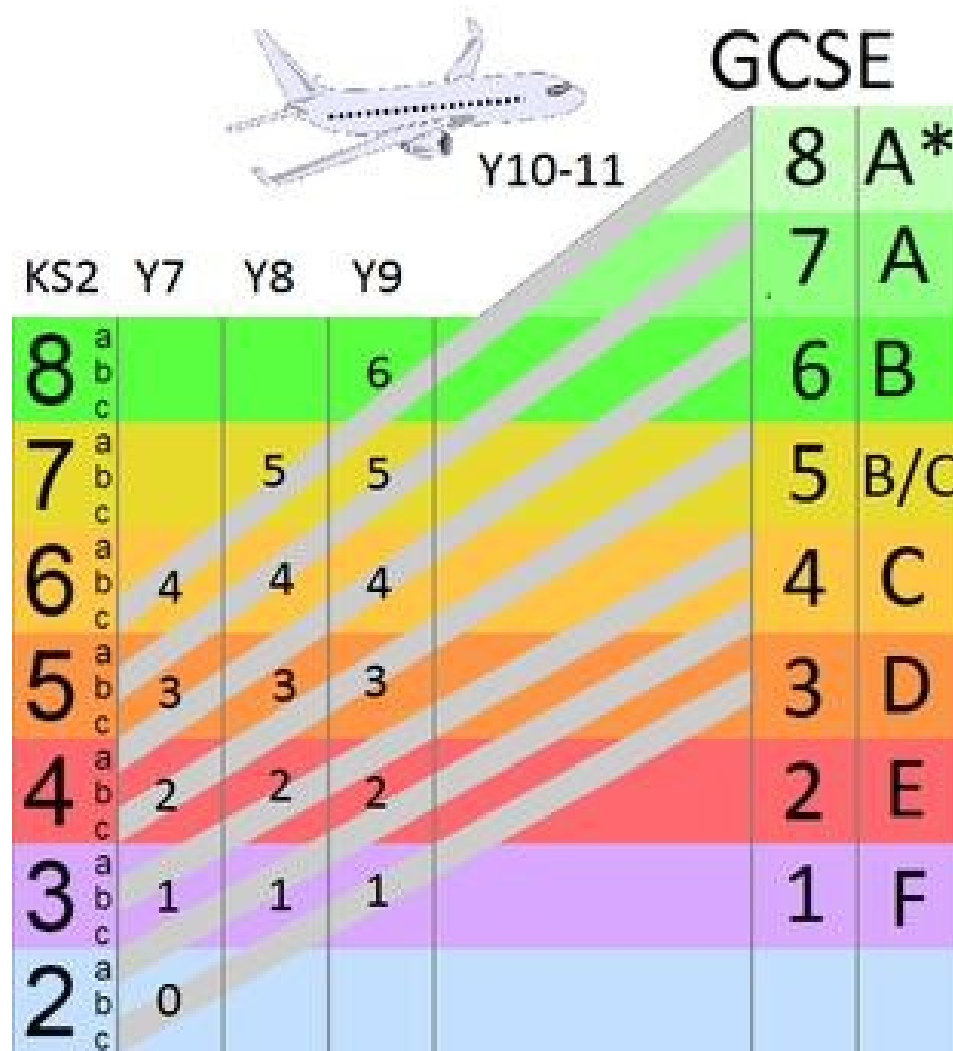
- Two exams in one day is quite common
- Occasionally there are clashes, which we manage
- There are sometimes up to five different examinations in the hall in one morning/afternoon
- GCSE candidates are required to be available up to and including **Wednesday 24th June 2020** in the event of national or significant local disruption and an examination needs to be re-scheduled.



Target grades – beware!

Children don't learn in a linear fashion!

They CAN do better than previous outcomes!



Your Children took their SATs under the old system which 'mapped' to the old GCSE's

New GCSE's are harder and more content driven – more to remember!



Final grades depend upon ranking

This mock paper scored 48 out of 100.

If all other students in the country get 47 or less this is a level 9.

Pearson Edexcel
Level 1/Level 2 GCSE (9-1)

Business
Paper 2: Building a business

Extra Assessment Material Set 1 for first teaching
September 2017
Time: 1 hour 30 minutes

Paper Reference
1BS0/02

You do not need any other materials.

Total Marks
48

Instructions

- Use **black** ink or ball-point pen.
- **Fill in the boxes** at the top of this page with your name, centre number and candidate number.
- Answer **all** questions.
- Answer the questions in the spaces provided
– *there may be more space than you need.*
- Calculators may be used.
- You are advised to **show all your working out** with your answer clearly **identified** at the **end of your solution**.

Information

- The total mark for this paper is 90.
- The marks for **each** question are shown in brackets
– *use this as a guide as to how much time to spend on each question.*

Advice

Read the questions carefully before you start to answer it.

If all other students in the country get 49 or above this is a U grade.

They are competing with their peers!



How you can support your child's study

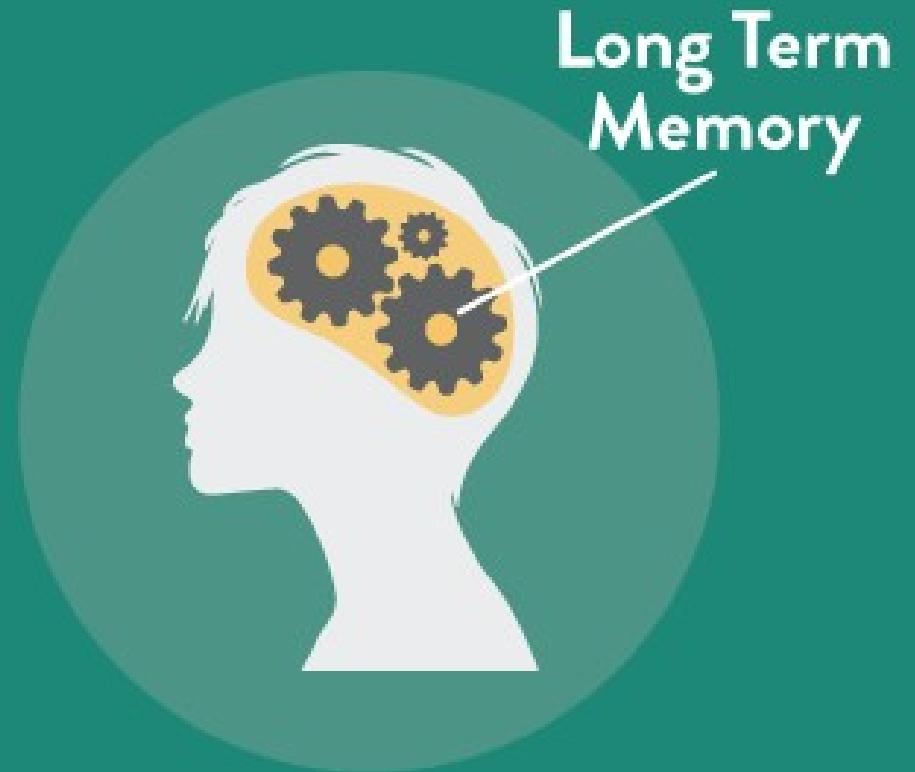
The purpose of study is to embed in students' long term memory the knowledge and techniques / skills that they will need to reproduce in their exams.

This can only be done through ***repeated, purposeful practise***

You can support this through by ensuring that your child's study is:

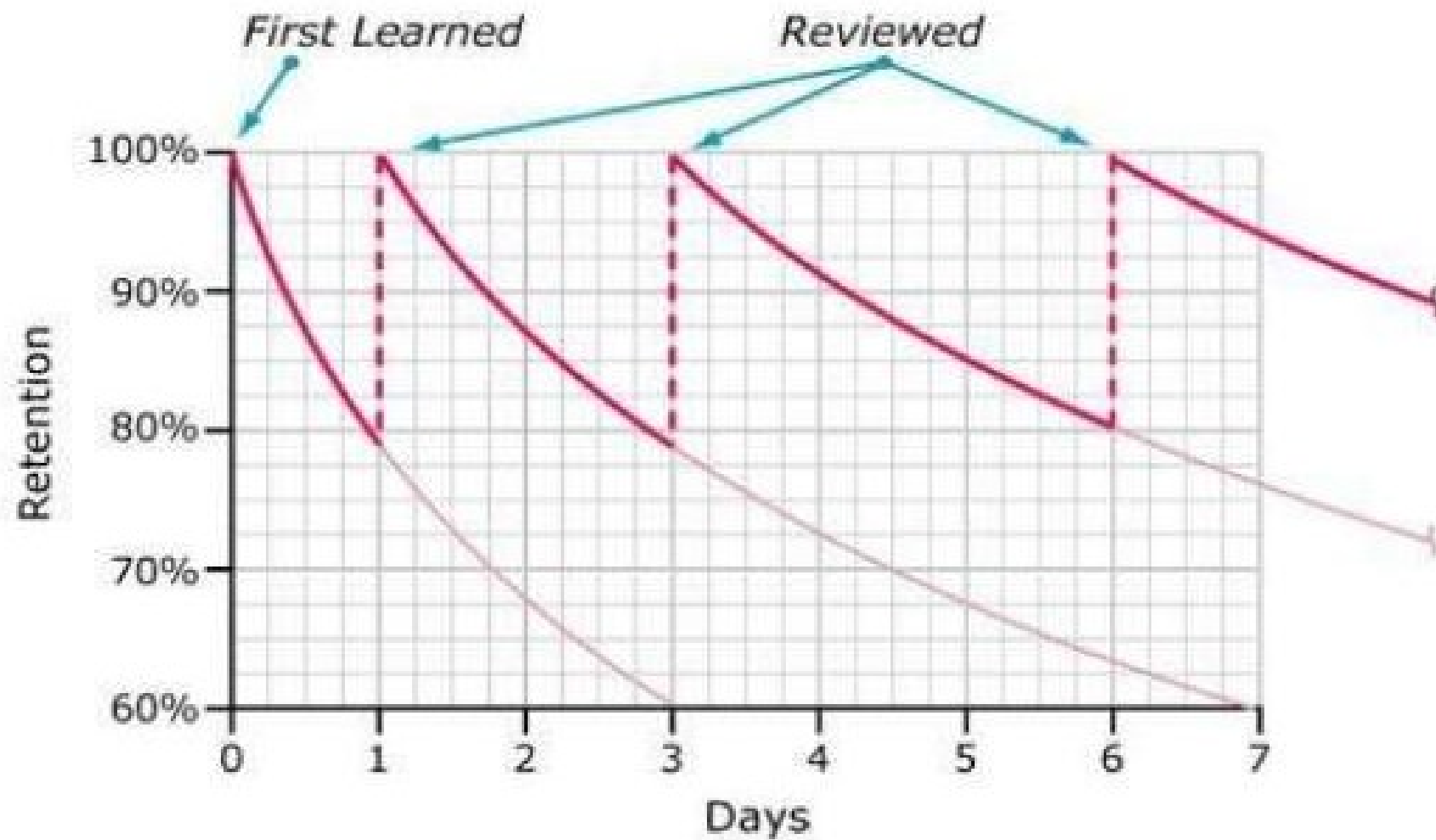
Organised, Purposeful and Active

Repetition Turns Short-Term To Long-Term



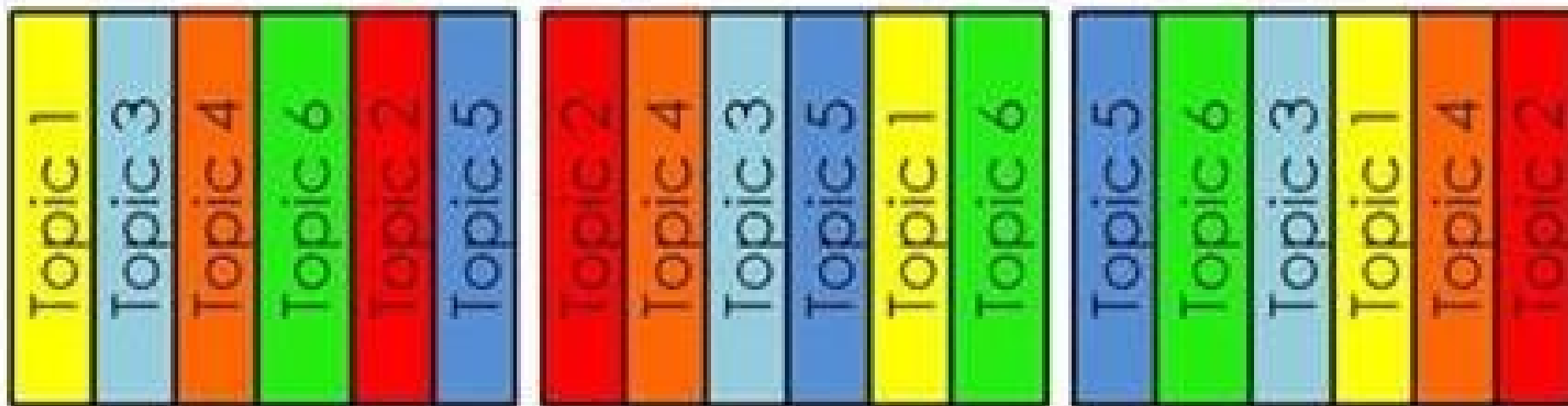


Most effective study – spacing effect





Most Effective Study - interleaving





Helping Organise Revision

- Make a **revision timetable** with them, have copies pinned up in strategic locations in the house
- Ensure there is a **quiet** place to do revision and materials eg pens/ highlighters / paper / texts / revision guides are available
- Ensure there are proper **rest breaks** (10 minutes per each hour)
- Build in time off for friends, but **enforce** the agreed schedule
- **Take phones / devices off them** unless they are used for **active revision**



Practical Suggestions

- Get them to start **NOW**
- Make sure their revision is **goal orientated** (this topic, 3 mind maps, that page in the revision guide, etc)
- Make sure it includes **practising the skills / techniques** of answering GCSE level questions
- **Get actively involved** / ask what they are doing / test them on their work / time their practice questions
- Reinforce the idea that revision is never 'done'

REVISION PLANNER FOR: _____

1. Block out the times when you definitely won't be revising
2. Write in the subjects that you will revise in the slots left

	4.30pm – 5.30pm	5.30pm - 6.30pm	Meal	7.30pm – 8.30pm	
Monday					
Tuesday					
Wednesday					
Thursday					
Friday					
	9am – 12 noon	Meal	2pm – 5pm	Meal	7pm – 9pm
Saturday					
Sunday					

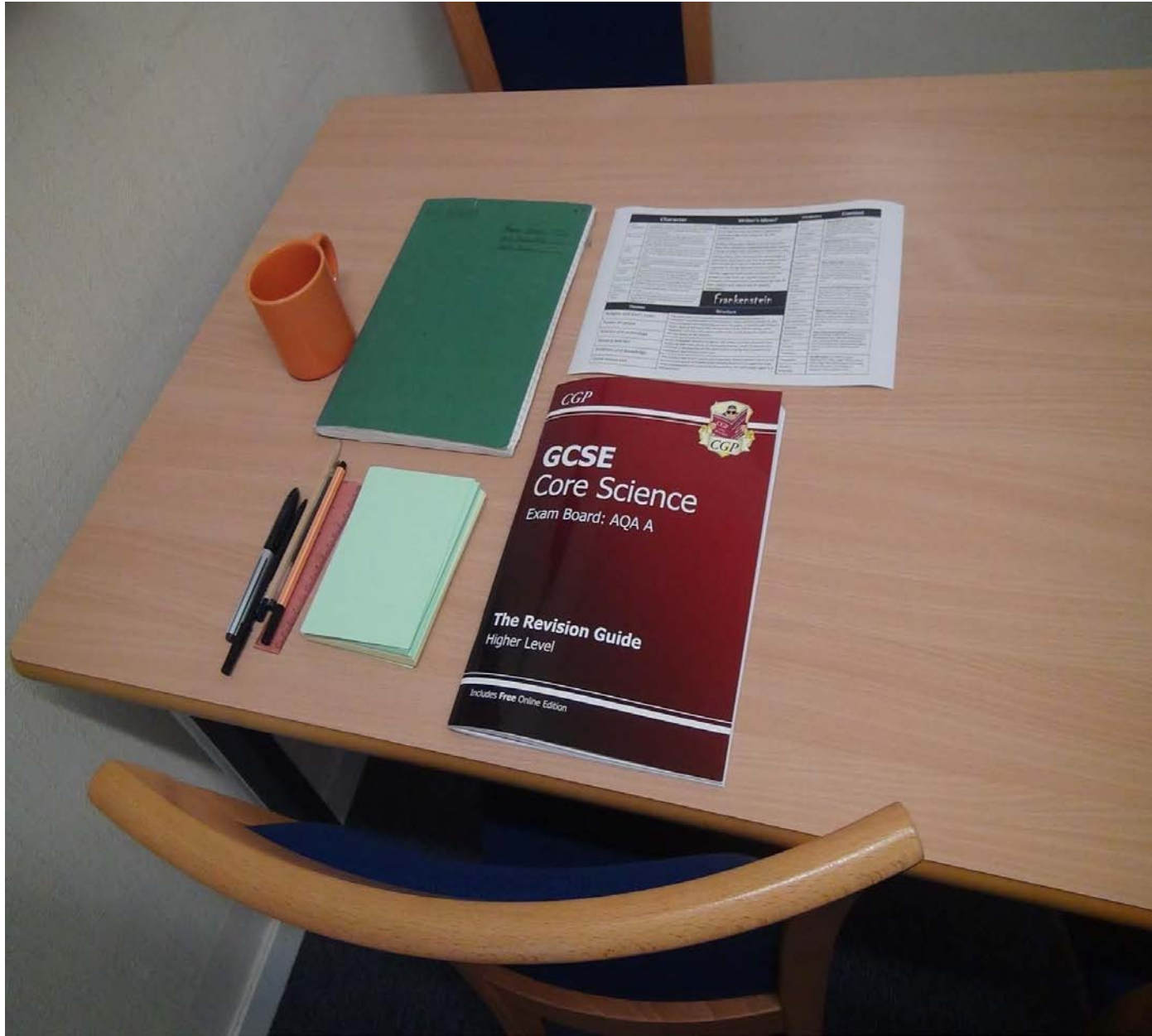
- TOP TIPS**
- Turn off mobile, ipod, laptop, TV, radio etc
 - Little and often – 30 mins burst, 15mins off
 - Revise information in the same way you will demonstrate your knowledge in exams – **in silence!**

- WAYS TO REVISE**
- Read – cover – remember
 - Make flash cards / memory maps / spider diagrams
 - Talk about your subjects – explain what you have learnt to others
 - Have a study buddy

REVISION PLANNER FOR: _____

1. Block out the times when you definitely won't be revising
2. Write in the subjects that you will revise in the slots left





What is and isn't revision?

A good revision recipe includes a combination of **passive**, **active**, and **format** elements



Passive – no good on their own

Reading through notes / mark schemes / books

Watching videos

Listening to podcast / audio

Revision apps

Active – can be combined with passive methods

Making

Testing

Summarising

Checking

Formats – ways organise

Notes

Flashcards

Mind map

Knowledge organiser

Example revision recipes:

1. **Read through notes** and **summarise** into a **knowledge organiser on one A4 page**
2. **Watch a video** and try to **summarise** the content into a **mind map**, **check it afterwards** with **a second viewing**

Physical activity for children and young people

(5–18 Years)



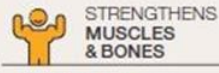
BUILDS
CONFIDENCE &
SOCIAL SKILLS



MAINTAINS
HEALTHY
WEIGHT



DEVELOPS
CO-ORDINATION



STRENGTHENS
MUSCLES
& BONES



IMPROVES
SLEEP



IMPROVES
CONCENTRATION
& LEARNING



IMPROVES
HEALTH
& FITNESS



MAKES
YOU FEEL
GOOD

Be physically active

Spread activity throughout the day

Aim for at least **60** minutes everyday

All activities should make you breathe faster & feel warmer

Include muscle and bone strengthening activities **3 TIMES PER WEEK**

PLAY

RUN/WALK

BIKE

ACTIVE TRAVEL

SWIM

SKATE

SPORT

PE

SKIP

CLIMB

WORKOUT

DANCE

Sit less



LOUNGING

Move more

Find ways to help all children and young people accumulate at least 60 minutes of physical activity everyday

UK Chief Medical Officers' Guidelines 2011 Start Active, Stay Active: www.bit.ly/startactive

THE BRAIN BENEFITS OF EXERCISE



INCREASES PRODUCTION OF
NEUROCHEMICALS THAT
PROMOTE BRAIN CELL REPAIR



IMPROVES
MEMORY



LENGTHENS
ATTENTION SPAN



BOOSTS DECISION-
MAKING SKILLS



PROMPTS GROWTH OF
NEW NERVE CELLS AND
BLOOD VESSELS



IMPROVES
MULTI-TASKING
AND PLANNING





How we support our students

- In lesson, Quality First teaching – complete curriculum by Easter (Y11)
- Silent Study in G22 (Y11)
- Lunchtime sessions (Y11)
- After school sessions (Y11)
- Homework Club in the Library
- Collapsed Timetable in Term 3 (Y11)
- Revision Resources
- Super revision – Next is during Easter (Y11)
- Pastoral support



Top tips

- Start Early!
- Have a 'quiet' place to study
- Talk to them about revision but avoid 'high stakes' conversations
- Little, often & repeated
- Make sure they get fresh air, exercise & 'sleep'
- Agree the schedule – make it a routine
- Praise effort – 'I know you have worked hard'
- Don't replay exams